

Supermarkets

Stop & Shop

1720 Eastchester Road
Bronx, NY 10461
(718) 823-6068

Trader Joe's

1260 Boston Post Road
Larchmont, NY 10538
(914) 833-9110

Whole Foods Harlem

100 W. 125 St.
New York, NY 10027

BJ's Wholesale Club

825 Pelham Parkway
Pelham, NY 10803
(914) 632-1547
<http://www.bjs.com>

Fairway

847 Pelham Parkway
Pelham Manor, NY 10803
(914) 712-0011

Whole Foods Yonkers

1 Ridge Hill Blvd
Yonkers, NY 10710
(914) 378-8090

Membership is required
and starts at \$50/year.



Healthcare

Emergency

If you have an emergency, the Jacobi and Weiler ERs are down the street in either direction. If you need urgent help, ask a security officer in your building or call 911.

Urgent Care Services

Montefiore Medical Group has an urgent care facility that accepts Einstein student health insurance. When you need more than a first aid kit, but less than an emergency room, Montefiore Urgent Care provides high quality care for nonlife threatening illness or injuries. Montefiore Urgent Care is open 7 days a week, including most holidays, and provides prompt medical attention.

Montefiore Urgent Care

2300 Westchester Avenue
Bronx, New York 10462
718-409-8888

Finding a physician

All students can go to the [student health services](#), which has designated walk-in hours, and can be referred to physicians within the Einstein/Montefiore Health network.

Appointments can also be made by calling:

Montefiore Medical Center

866-633-8255

Hours: 8:30 AM and 5:00PM M-F

Identify yourself as an Einstein Med student or Grad student and every attempt will be made to see you in an expedited fashion.

Occupational Health Service

The Einstein Occupational Health Services provides Einstein employees and students with services relating to their occupational health needs. Anyone who sustains an occupational exposure may call Einstein OHS during hours of operation for information on postexposure procedures. If the exposure occurs after hours, go to the nearest emergency room and contact the OHS during the next working day. Students or employees that sustain an occupational exposure after hours should contact the 24/7 Exposure Hotline at (347) 380-0049 for post exposure procedures and evaluations when necessary. The back-up number is (917) 729-0438.

Occupational Health Services

Block Building
Room 219
718-430-3141

Einstein Student Health Service

The health service is available to all Einstein medical and graduate students for sick call visits and post-exposure consultations. Walk in hours for a sick call visit are from 12PM-4PM Monday-Friday.

Einstein Student Health Service

Block Building
Room 220
718-430-3295

Student Mental Health Center

The Einstein Student Mental Health Center provides a safe place for students to seek help when and if it is needed. All insurances are accepted and no co-pay is required.

Student Mental Health Center

Van Etten Building
Room 4B37
718-839-7400
joseph.battaglia@einstein.yu.edu